## Even from the deepest valley of despair there is a way

Her brutal father stole her childhood, and her vicious neighbors stole her trust in people. There was only one thing she never lost: the will to fight. **Book tip** Krü-ger, *ca.* 18 E), Tochter sabelle Müller tells

Isabelle Müller (47):

## "Love is my Weapon"

She inherits her almond-shaped eyes, drive, and energy from her The mother. But Isabelle Müller (47) has the worst memories of her father: The brutal man stole her childhood, nearly breaking her. But she found a way out into

Isabelle grew up in the French provinces in the 1960s and 1970s. Her parents, a former soldier and a Vietnamese woman, lived in abject poverty. Their five children had to cope with deprivation, hard work, and beatings from their father. Building trust was impossible in this atmosphere and a vicious neighborhood that excluded and mocked the family. The only bright spot for the youngest child, Isabelle, was her mother Mè Loan (Vietnam: Mother Phoenix). "From her," the daughter recalls today, "I learned to

## She wanted to kill herself, but life wouldn't let her go

To discover something hopeful in moments of deepest despair."

And hope was what the girl needed more than anything else! When Isabelle was eight years old, her father began to abuse her. She didn't want to confide in her mother out of shame, deeply

Severe depression drove her to two suicide attempts. But Life didn't let Isabelle go, and she returned home both times – unharmed and shaken:

"Suddenly, something clicked in my head.

I realized I'm not alone, there's someone up there with a message: You should

The indomitable will that Isabelle had inherited from her mother returned Through her own strength, she put her father in his place, then fled to freedom, to Germany. She found the man of her dreams, started a family, and a small

But fate tested her again: her daughter Meliha (now 17) became seriously ill with

Cancer, and her husband Stephan (53) was also diagnosed with a tumor. Isabelle herself collapsed, having lost weight to 49 kilos, suffering from burnout. The terrible experiences had made her hard - especially towards herself. It took time for the strong woman to understand that she was allowed to be weak sometimes



her mother Loan in front of the living room: "Here I still had a carefree

One of the few pictures of her

Botanical Garden

in Germany with her

childhood. Isabelle (almost 3) in the

At the age of eleven, Isabel-le lived

Surrogate mother Tharsila

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seven vears old Isabelle had already learned how serious and cruel life



Isabelle Müller's parents' house: "I will never enter it again as long as my father is alive'



## She has long since accepted the defeats and wounds

Isabelle has accepted the defeats and wounds as part of her life and has even forgiven her father. "That's over, from the bottom of my heart." No reason for her to rest! As an author, she travels from city to city with her story in her pocket.

The mission: To give people the courage and strength to fight for justice. "I see the good in everyone," says the woman who has experienced so much hardship herself. But she has learned to trust again to see love rather than hate as her weapon in her tireless efforts. Giving up is not an option for Isabelle: "My mother never did that either. "