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The original Vietnamese author made an autobiography about childhood being sexually abused

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Invited by relatives since the age of 8, the Vietnamese-born French pen Isabelle Müller for many years silently endured the pain before making the story public.

On March 19, the 58-year-old author reunited readers at the Nguyen Van Binh book street (district 1, HCM TP). After four years since work writing about her mother's adventurous life - Ms. Loan, Isabelle introduces a new publication in Vietnam - Daughter of phoenix. The author has a long time of internal struggle before making his childhood publicly abused by relatives for 9 years in the work. Taking a deep breath, she said: "Recounting to this is not easy. It's like you strip yourself in front of a crowd and endure the judgment of each person. "



Isabelle spent her childhood in a poor countryside of France. Her father was a former French soldier who fought in Vietnam, and his mother was a North Vietnamese woman, leaving her homeland to build a career in the away land. Despite the impoverished, repeatedly beaten by his father, stigma relatives, the author used to have a peaceful childhood with his mother and four siblings.

Isabelle's tragedy began after the first vibrating emotions. Not knowing who to ask, the eight-year-old girl when he chose to present with relatives and become his prey. After being

harassed in the bathroom for many years, Isabelle was abused in different ways. "At some point, darkness made the beast in him appear, with a new illusion being born, requiring a sacrifice," she wrote in the book.

Over the worst five months of his life, the author said he was forced to be dumb, living in despair. The reason for not being able to speak up, Isabelle said at the time, the child in her was afraid of the feeling of losing her family. "My mother will not forgive anyone who persecuted her children. The torment during the long time made me hold, endure, suffocate," she said. The author repeatedly implicitly marks his own pain with drawings, allusions ... but is ignored by adults.

The waving area tried to escape tragedy, Isabelle repeatedly hurt herself. Once, she rushed into an intersection but the drivers promptly avoided it.

Desperate times, Isabelle remembered her mother and gradually recovered. She is also a victim of minor sexual violence and has learned to overcome the pain. When, Isabelle repeatedly looked into the mirror and told herself: "You are as strong as Loan's mother, because like her, you have courageously looked straight to death. He learned how to fight for his goals, why didn't he resist against what he didn't want?". "Hope is my way - hope is my way," which is also the line of words that Isabelle chose to print on the cover of the book.



The author of the baby with her mother - Mrs. Loan, died of cancer in 2003. Photo: NXB Synthetic HCM TP

At the age of 17, Isabelle attended karate with her brother. When the house stopped the road in the corridor and was about to invade, she refused for the first time. The author grabbed his arm, pushed into the wall, locked his throat with his hand. She said: "I told myself it was not for no reason that I suffered a bruise when trying to learn martial arts to protect myself. It was not for no reason that death turned against me. Nine years of abuse is more than enough. " From there, Isabelle was permanently free.

The aftershock then clung to Isabelle for many years. The author realizes himself cannot sublimate during sex. When looking to the doctor, she was explained by the pain still there. The first person she revealed past injuries was Stephan - the current lover and husband, after a while both were attached. Stephan cried, hugging Isabelle and she realized the wounds were slowly diving. By Stephan's side, she dispelled the gloom, because her husband was what she had dreamed of but never dared to pursue for fear they would break. The author said: "Don't be afraid of happiness, enjoy it. Do not always think of the end when it is not present. "

In 2009, Isabelle made her own story public, invited to speak in Germany - where she lives and works - in front of an audience, as a guest on television and radio. After all, Isabelle chose to forgive. "With anger and hatred, we destroy everything, but with patience and love, we can build a temple from nothingness," the author wrote in the bar section. The "temple" with her is the loving heart within each person.



Ms. Truong Duc Hoa (second from the left) - former Vice President - is the bridge creator for Isabelle's books to be introduced in the country. Photo: My My

Isabelle reserved the last lines of the book for her mother. She said she could not live without the example of Loan's mother. In the first book, the author calls his mother a phoenix - a creature reborn from the ashes in the legend, implying to her, her mother is always sympathetic, strong. She said: "I write a book to pass on the gift of love to my family, to two daughters. Sometimes, I can even see my mother live in them. " Profits from books are Isabelle for the Loan Foundation - a charity specializing in ethnic minority education projects in Vietnam, founded by her in 2016.