

Viet Duc

Some messages from Isabelle in the book “DAUGHTER OF THE PHOENIX – Hope is my path”

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1/ “ THE DAUGHTER OF THE PHOENIX – Hope is my path” by Isabelle Müller tells the story of an outstanding woman, a woman with Vietnamese blood flowing through her veins, who did not allow herself to be overwhelmed by misfortune, who took control of her life and eventually – despite all the constraints of fate – became a successful businesswoman in Germany.

2/ “For every stone they throw at our feet, we will build a road.” That is Isabelle Müller 's challenging motto in life .

The fifth child of a Vietnamese mother and a French father, Isabelle Müller grew up in the cramped confines of a French village in the 1960s. Her family lived in abject poverty. Her father was a brutal man and the environment was marked by racism. Yet, where others would have fallen, Isabelle did not give up. From her courageous Vietnamese mother, Loan, she inherited her will to live and the courage to keep going, even when life seemed unbearable.

3/ Isabelle Müller 's life story gives readers a lot of strength, hope, positive willpower and courage. It will encourage people to question things in life and themselves over and over again to conquer their own fears, believe in one's dreams, especially when they are considered unreachable to others, and develop self-confidence. Just because certain things are always the same, doesn't mean they have to stay that way.

Life is a never-ending process. Nothing stops. Everyone and everything evolves. By constantly questioning something, you can determine whether everything is okay in your life; whether the things that fill your own life, the environment, the people make you happy. If not, it is time to act and make a difference. By doing so, you develop a healthy, strong soul and thus can create good vibrations in society, perhaps even in the world. Always listen to your intuition.

Isabelle Müller 's story is not only about the search for happiness, but also about the path to finding it. It is about turning unhappiness into happiness. It is about learning to turn a negative spiral into a positive spiral. All of these experiences form the author's philosophy of life. That philosophy is the essence of a happy life.

4/ Isabelle Müller: “ I have certainly experienced bad things, including sexual abuse, psychological terror, exhaustion, exclusion, discrimination, poverty, betrayal. And? In return, I consciously tell myself: I have also experienced true love, warmth, affection, encouragement, willingness to help, empathy, friendship, luck and happiness. And I am allowed to live well here on earth and enjoy this life.

I have learned to analyze every situation in life with a distant view. I have realized the importance of living in resonance and recognizing opposites (light to dark, good to bad, etc.) to find my own center and maintain a healthy balance.

Like my mother's story, my own story is filled with examples of how life can be. It's important to me not to focus on the negative experiences but on the positive ones. What did I learn from all of that? What did I do with it? How can we fit into life?

We all live in a certain framework on this earth. Our personality includes, among other things, our physical and mental abilities, abilities, talents, gifts, etc. They are tools that we should use best to be happy and strong. So that we can eventually one day help the weakest and make this world a better place.

With our spirit, we can contribute to the decision of whether we are happy or not. Even in difficult circumstances, we can maintain this attitude. It is the same with love. People should never forget to love, no matter how much pain they have to go through. Love that is destroyed can be reborn and revived like nerves that are thought to have been severed. Love is the foundation of our existence. Love inevitably begins with love for oneself.

This also implies forgiveness. The power of forgiveness can work miracles. I have experienced it myself and therefore I want to share this experience. The pain is a permanent mark that is never forgotten. But forgiveness is a liberating, saving decision that allows one to have a happy, self-determined life. Always move forward. Do not repeat the same mistakes. Always look forward. Remember what you have learned. Believe in a happy, healthy and blessed life.

Finally, I would like to pay my respects to the Sky. Through my biography and express my gratitude for its guidance. In every lonely second, in every breath, I am accompanied by the power of the Sky. It is incredible and a part of my life. I want readers to be empowered for the future by reading my book.

5/ "Even though we decide most things in life for ourselves and can decide a part of our lives, not everything that happens is in our hands" – Isabelle Müller

6/ "Today I know that I could not have survived without my mother's example. I learned from her to find hope in moments of deep despair, to see obstacles as challenges to overcome. Her strong faith, her Vietnamese blood and her willpower were my salvation. Her example helped me overcome all difficulties. I will always feel her love. Now I can pass on this gift of boundless love to my own family, to my two daughters. Sometimes I can even see my mother living on in them. For that I am infinitely grateful" – Isabelle Müller