## Pforzheimer Zeitung

## Touching stories from everyday working life

Uta Volz 23. 03.2024 Doctor Lisa Federle reads from a book they wrote with Isabelle Müller in the Tower Quarter.

Lisa Federle has repeatedly made headlines in the media. In 2015 with her commitment to refugees, during Corona with her mobile doctor in front of the town hall in Tübingen, where her free testing service attracted thousands of people. She was a popular talk show guest and her expert comments and down-to-earth views are valued. Conspiracy theorists and anti-vaccination activists were and are a red rag to her, and she has already received massive threats from their ranks. Even she, the brave one, was afraid, as she said at her reading in the well-attended forum of the Sparkasse tower quarter on Thursday evening.



Lisa Federle (left) and Isabelle Müller had a lot of fun together at the reading in the Tower Quarter.

After Corona, the doctor and emergency physician has also become an author. Her first autobiographical book will be published in 2022, and her current one, "The Happiness of Listening: How Good Relationships Make Us Strong," will be published in 2023. In a dialogic reading with her friend, the well-known author Isabelle Müller from Kapfenhardt, she is the clear protagonist of the evening and presents the joint work, which is already on the Spiegel bestseller list. These are touching stories from her everyday working life. They tell of poverty in old age and loneliness, but also of the annoying arrogance of the super-rich. Federle's patients include numerous celebrities such as the cabaret artist Bernd Kohlhepp, pop icon Dieter Thomas Kuhn and the mayor of Tübingen, Boris Palmer, whose various ailments she describes (with their express consent) with a strong dose of humor and a sense of a good punch line. Interspersed with an anecdote is an anecdote about the actor Jan-Josef Liefers, with whom she is friends. After a pub crawl through Tübingen, he appears disorientated the next morning, disheveled and in his underwear, looking for the toilet from the guest room in the waiting room next door, causing astonishment among the patients.

The story of a man who devotedly cares for his demented wife and has a mistress for many years as a "compensation" is thought-provoking. Federle shows for such unusual life plans a great understanding, which has its origins in her own biography, which is anything but straightforward and which she discusses in detail.

With her stories, she wants to awaken people's social conscience, and advocates for more consideration, compassion and active humanity, the prerequisites for greater resilience. A listener thanks her for her courage and commitment. A discussion with the audience about the social changes and their causes reveals a listener's complete lack of understanding for responsibility and responsible education: she sees the responsibility here as lying solely with the state, society and schools. Lisa Federle will have to keep fighting.

Lisa Federle/Isabelle Müller: "The joy of listening: How good relationships make us strong", Knaur HC Verlag, 320 pages, 22.80 euros.