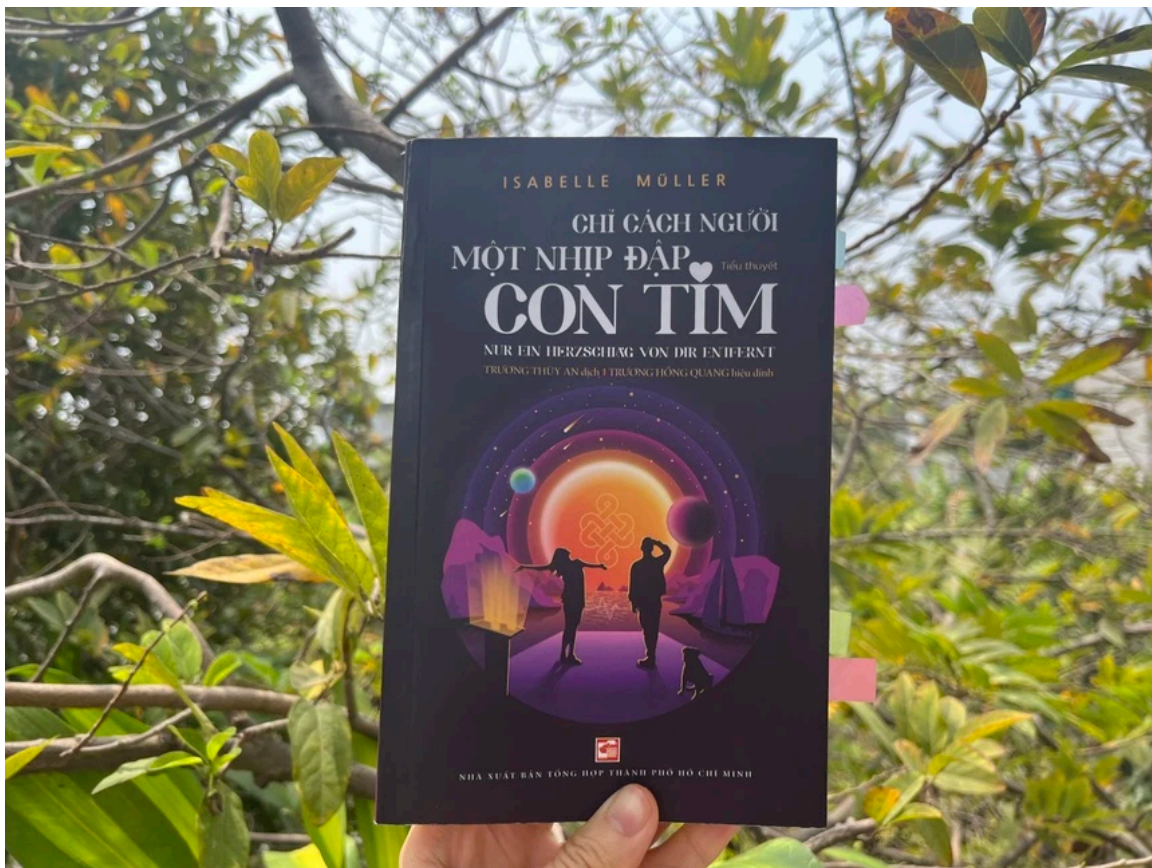


Novel full of mystical spirituality by Isabelle Müller

Phong Khang • Wednesday, March 6, 2024 20:00 (GMT+7)

In her mystical and spiritual debut novel, author Isabelle Müller leads readers on a journey of questioning the past and resolving the pain of the characters.



Book *Just a heartbeat away from you*.

Author Isabelle Müller has released two memoirs - the autobiography *LOAN - from the life of a phoenix* and *The phoenix's daughter - Hope is my path* in Vietnam, both of which were enthusiastically read by readers, welcoming love.

In March 2024, Isabelle returned to Vietnamese readers through her first novel *Just One Heartbeat Away from You*. The book was translated by

The first part of the story is the meeting between Anna - a midwife and Marc - a cosmetic doctor, in the strange space called Nothingness. Here they have "transparent glass", "asexual" bodies and hear a Voice guiding them.

The following chapters gradually unfold their lives: Anna, with her childhood and adulthood journey filled with many responsibilities, at the end of the pain of betrayal, chose to commit suicide. Marc seems to have a more peaceful life, but his mind is no less torn because of the brokenness and turmoil in the past.

In a state of deep coma, two people came to the realm of consciousness at the boundary of life and death for different reasons, one because of choice, the other because of accident. Anna only wants to die while Marc longs to live.

Both of their consciousnesses are still alive and well. In the Void, they have no breath, only a heartbeat: each challenge Anna and Marc overcome corresponds to one heartbeat. The two people took turns facing the memories that appeared according to each representative letter.

If Anna is someone who practices meditation and is somewhat aware of the suffering contained within her, Marc is more vague about his own subconscious. Going through those memories together, even though they had just met, Anna and Marc seemed to have shared the deepest depths of their hearts.

The two support each other through these challenges and naturally, feelings develop. But the final choice between the two doors of life and death continues to pose new challenges for their lives.



Author Isabelle Müller.

Inside the guise of a seemingly simple love story, readers receive a profound message: Only by looking directly at the past and accepting the past can people completely resolve suffering, pain, understand yourself and those around you, and see clearly the nature of things. This strong awareness will be the key factor in awakening love for life and true living.

Throughout the story, readers can encounter autobiographical elements borrowed from the author's real life experiences, especially details about the female protagonist associated with the project to support and help children. I live in Ha Giang.

The author shares that the story contains his own experience with the Universe. She describes the relationship humans can develop with the Universe, thereby finding happiness and confidence in the face of difficulties. Only when there is faith can people have the courage to give up fear of challenges and the uncertain future that takes place after death.

The simple, friendly writing style and storytelling focus on direct and explicit descriptions of events and characters' thoughts and actions have made the book's more than 300 pages not difficult for readers. Besides, the book's smooth translation seems to eliminate the language gap between the original text and the Vietnamese book.

Isabelle Müller is the youngest child in a family of five children of a

LOAN - from the life of a phoenix about the tumultuous and extraordinary life of her mother, Ms. Loan.

In 2009, Isabelle published her second book *The Phoenix's Daughter - Hope is My Way*, about Loan's mother's next 35-year journey in France after leaving Vietnam and about Isabelle's own life. One theme in the work - sexual abuse since Isabelle's experience of being abused by her biological father for 9 years as a teenager - has created a wave of calls for victims of sexual abuse to come forward. language.

In May 2016, Isabelle founded the LOAN Foundation - a non-profit charity fund, specializing in implementing educational projects for ethnic minority children in the poorest mountainous areas of Northern Vietnam. Publishing books is part of LOAN Foundation's project. Isabelle donated all proceeds from book copyrights to the Foundation to help poor children in Vietnam have a better life.

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